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Subject: Healthy Food Made Easy Tutor Training
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Your PPN Number for Boherlahan Dualla Community Website is TPPN-01315



Healthy Food Made Easy Tutor Training



Health Promotion Division are seeking Tutors to deliver Healthy Food Made Easy (HFME) courses in the South East (CHO5).

HFME is a six week nutrition education and cooking programme which provides practical information on healthy eating and improves cooking skills by showing participants ways to provide healthy, nutritious, low cost meals and snacks.

The Tutor Training is 2 days in Waterford which aims to provide an overview of the HFME Programme and includes facilitations skills and practical information on the delivery of the programme. A HFME resource pack will be provided to all participants on completion of the training.

Training will take place Tuesday 19th & Wednesday 20th September from 9.15am - 4.30pm in Waterford Teachers Education Centre

To apply complete application form (button below) and return to southeastHFME@hse.ie

Closing date for applications: Friday 8th September

Healthy Food Made Easy Tutor Application Form

