

From: Tipperary PPN admin@ppntipperary.ie
Subject: Tipperary PPN July 2022 Newsletter
Date: 18 July 2022 at 17:10
To: editor@boherlahandualla.ie

TP

Your PPN Number for Boherlahan Dualla Community Website is TPPN-01315



Tipperary PPN July 2022 Newsletter

Sections:

1. PPN News & Members Corner
2. Active Public Consultations/Notices
3. Funding/Grant Opportunities
4. Public Service Announcements, Training and Upcoming Local Events

PPN News

Summer Days and PPN Rep Calls

We here in the Tipperary PPN office hope you are enjoying the unusual (and temporary) summer temperatures and also are looking after yourselves and any animals you may have in the heat.

As we head into the holiday times, this is a reminder to you, our PPN member groups, who feel they have someone in their group who might fit one of our current vacant rep seats on the various boards, to nominate that person. This is done easily by clicking on the relevant link before the deadline next Monday 25th July, on the rep nomination email we sent out last week, filling it out and then becoming part of the community voice in our county's decision-making structures.

We are definitely getting more heard and respected on these committees. Our PPN reps are getting opportunities to have their say about the issues and policies that affect our communities.

Just a reminder that when your group nominates, to make sure your group is in the correct municipal district or PPN pillar (Social Inclusion, Community & Voluntary or Environmental pillar) that is needed for that particular vacant PPN seat.

primary) that is needed for that particular vacant FTE seat.

Good luck and if there are any questions, please contact Ruth on 087 4567111 or coordinator@ppntipperary.ie

And don't forget your sunscreen!

Active Public Consultations/Notices



Irish Rural Link
Nasc Tuaithe na hÉireann

Just Transition and Wellbeing for Rural Communities Survey

Irish Rural Link and Social Justice Ireland are undertaking a joint research project examining rural communities, wellbeing and a Just Transition. We would be very grateful if you could circulate this short survey to your members.

<https://www.surveymonkey.com/r/HNQJW2P>

The purpose of this survey is to get the views of rural dwellers and rural communities on a Just Transition, and how the wellbeing of rural communities can be improved. At this very important juncture in Irish life, as we begin to implement the policies to meet our national climate goals by 2030, your views and the views of your wider network are vital to developing a clear picture of the potential impact on rural communities across Ireland.

The survey will remain open until the 31/07/2022. We aim to present preliminary results at the end of September, with a full report to be published later in 2022

Funding/Grant Opportunities



create national development
agency for collaborative arts

Collaborative Arts and Cultural Diversity Fund

The AIC Bursary Award 2022: Collaborative Arts and Cultural Diversity specifically aims to support an **individual professional artist** working in collaborative socially engaged arts practice who is from a **minority ethnic** background, has first-hand experience of **displacement** and/or is shaped by **histories of intergenerational migration**. For this

bursary, candidates may self-identity as Traveller, Roma, refugee, migrant or otherwise through lived experience and/or second generational memories.

The purpose of the award is to support and nurture **professional arts practice**; it is aimed at an artist with a **track record of working collaboratively with communities** of place or interest. The bursary of **€10,000** provides the selected artist with time and resources to carry out research and to engage with and reflect on their practice. More particularly, it allows the artist to consider key questions associated with their practice using collaborative methodologies.

The closing date for applications is 5pm, Monday the 15th of August.

For more information visit <https://www.create-ireland.ie/projects/subpage/aic-bursary/aic-scheme-bursary-award-2022-collaborative-arts-and-cultural-diversity/>



Culture Night is taking place on Friday 23 September 2022, and We Act will be showcasing a special programme of events with charities and community groups across Ireland. We want you to be part of it!

Share your organisation and the work you do with the public – this is your chance to open your doors and connect with potential members, service users, supporters, or volunteers.

Of course, many of us have been working away from the public over the last two years, and are probably out of practice for showcasing our spaces and hosting events. But planning a Culture Night event is easier than you think!

We Act Culture Night Event Ideas:

- Team up with other groups in your area for a community showcase
- Partner with another charity or community group to share the work you do separately, or how you collaborate on projects
- Let your team show visitors around your space and talk about the work you do
- Host an open house event with music, poetry or dance
- Hold a storytelling circle, with staff, volunteers or service users sharing their stories and the story of your organisation
- Invite guest speakers in and hold a panel session on the field you work in and the solutions you're working towards.

This event is for all kinds of charities, community groups, and social enterprises, big or small, rural or urban. Charity and community work is part of our culture. Let's share our stories, our value and our impact with the public and let our communities see that our organisations and

our sector belongs to them too.

How do we take part?

Find out more about taking part here: weact.ie/culture-night

Register for Culture Night here: <https://culturenight.ie/get-involved/>



European Year of Youth Micro Grants

To celebrate European Year of Youth 2022, we want to fund activities and events that: shine a light on the great work that is already happening around the country during European Year of Youth or support you to take this opportunity to try out something completely new in partnership with the young people in your organisation or community

What type of activities or events could be funded?

Any activity taking place within the Republic of Ireland before 31 December 2022 that support young people's engagement with any of the priorities listed above. This could be a conference, consultation, workshop, a music event, an art exhibition, a photo competition, a mini festival, thematic meetings, a combination of events and online campaigns, information session, and so on.

These are just some examples - we want to hear your ideas and we want to support you to make your creative ideas a reality!

Who can apply?

A youth organization, school, club or other organised group or entity will need to be the named applicant for a grant. We welcome ideas from informal groups of young people or individuals working with young people; however, the financial responsibility and reporting obligation must remain within an organised group or entity.* If you are an informal group with no capacity to link in with an organisation to act on your behalf, get in touch with us at eyy@leargas.ie.

For more information please visit [European Year of Youth Micro Grants Application Form \(leargas.ie\)](#)

Public Service Announcements, Training and Upcoming Local Events



Save the Date

Save the Date

Save the date Make Way Day 2022 will take place on Friday 30th September. Make way on our streets for people with disabilities. For more information and for events near you please visit www.makewayday.com



Understanding Trauma - HSE Training

Understanding trauma and supporting the needs of people fleeing war or persecution

HSE Cork Kerry Community Healthcare in conjunction with the HSE National Social Inclusion Office and HSE Mental Health delivered this free on-line training. The training was recorded and will be made available until September. Please find link for the training [here](#). Please also find a directory of resources [here](#)

Who is this training for?

This training is for anyone working with or supporting children, adults or families who have fled war and / or persecution, including those providing support to people who have arrived in Ireland from Ukraine and all other people seeking International Protection here in Ireland. It is suitable for people working in Statutory and Non-Statutory organisations such as the HSE, Child and Family Agency, Department of Education and Science, Department of Social Protection, Department of Justice, NGO's and community support services.

What are the learning goals?

- Participants will leave with an awareness / basic understanding of the following:
- War trauma and Post Traumatic Stress Disorder (PTSD)
- The psychosocial needs of people who have fled war and are adjusting to a new life in Ireland
- Understanding the barriers that interfere with people accessing and benefitting from supports
- Helpful do's and don'ts when working with people who have survived war trauma
- When and where to get help for trauma / PTSD
- Understanding the importance of minding your own psychological wellbeing when helping others

<https://www2.hse.ie/services/mental-health-supports-and-services/mental-health-supports-and-services.html>



 2022 Energy & Farm Business Show

GURTEEN COLLEGE, CO. TIPPERARY
TUESDAY, 19TH JULY, 2022



WWW.ENERGYINAGRICULTURE.IE

Energy in Agriculture - Energy & Farm Business Show 2022

The Energy in Agriculture - Energy & Farm Business Show 2022 is returning next Tuesday, 19th of July 2022 at Gurteen College, Ballingarry, North Tipperary. The day will involve an expo, demos, clinics, and a variety of talks addressing energy, farm business options and sustainable agriculture. This event for landowners who are forward-thinking and looking to diversify into the energy, leisure, hospitality, food & tourism industry.

To register visit: <https://www.eventbrite.com/e/energy-in-agriculture-2022-july-19th-register-your-interest-tickets-350570294187>



Ukrainian speaking Support Group

Ukrainian speaking Support Group details can be found here: <https://www.aware.ie/ukraine/> for those refugees who may be using your services.

The 'Living Well with Bi Polar Disorder', 8 modules over 8 weeks, followed by a weekly Support & Self Care group for 6 weeks; we have extended the offering with an ongoing **Support & Self Care group which is Bi Polar Specific for people who have completed the programme.**

<https://www.aware.ie/programmes/>
<https://www.aware.ie/programmes/livingwellwithbipolardisorder/>

We have also introduced **Support & Self Care groups** for those who have completed Aware's **Relatives & Friends Programme.**

These are in addition to our **Support & Self Care groups on Zoom, Face to Face and**

phone in conference, and the Support Line and Support mail and our adult education programmes including the Life Skills Programme, Life Skills Online, Relatives Programme and the Life Skills for schools programme for TY.

Finally for those who do not wish to engage directly with others, we have **self-directed programmes** eg Space from Stress, Space for Sleep and others.

<https://www.aware.ie/programmes/online-self-directed/>

Booking for services and programmes is through the website or contact the office 01 661 7211.

CLONMEL ROWING CLUB



ROWING
SUMMER
CAMP
2022

9th – 11th Aug
10.00am – 1.00pm
for 12 – 16 year olds

Learn to Row
(for competent swimmers only)

Further Details:

Contact

087 2375476



Online Safeguarding 1 Workshops

Tipperary Sports Partnership are hosting **Online Safeguarding 1 Workshops** on the following dates in Autumn/Winter 2022 via Zoom.

- Monday 12th September, 6.00pm-9.00pm
- Monday 19th September, 6.00pm-9.00pm
- Monday 3rd October, 6.00pm-9.00pm
- Monday 10th October, 6.00-9.00pm
- Monday 7th November, 6.00-9.00pm
- Monday 14th November, 6.00-9.00pm

Cost per person is €15 plus online booking fee.

For further information & bookings please contact the Tipperary Sports Partnership Office on 052 616 6201 or email info@tipperarysports.ie
Register for this course on the following link <https://www.tipperarysports.ie/content/child-welfare-protection-in-sport-basic-awareness-training>

Swimmin' Women Programme

Tipperary Sports Partnership **Swimmin' Women Programme** will be taking place this year in 6 Swimming Pools around Tipperary

- The Sean Kelly Sports Centre (commencing on 20th September)
- Clonmel Swimming Pool (commencing on 20th September)
- Nenagh Swimming Pool & Leisure Centre (commencing on 22nd September)
- Roscrea Leisure Centre (commencing on 20th September)
- Thurles Swimming Pool (commencing on 20th September)
- Sean Treacy Memorial Swimming Pool, Tipperary Town (commencing on 23rd September)

This is an excellent programme to make you a better swimmer or get back into the water if you haven't had a chance in a while.

All participants must be able to swim 2 full lengths of a 25m pool.

This programme offers 1 coached session swim night and 1 self-guided swim per week.

The cost of the programme is €50 plus a booking fee

Places are limited, registration for the programme can be completed via this link:

<https://www.tipperarysports.ie/content/swimmin-women-8-week-swimming-programme-for-women>

For further information visit www.tipperarysports.ie or contact the TSP office on 052-616-6201 or by email on info@tipperarysports.ie.



**An Roinn Gnóthaí Fostaíochta
agus Coimirce Sóisialaí**
Department of Employment Affairs
and Social Protection

DSP Supports for the those arriving from Ukraine

Department of Social Protection supports for those arriving from Ukraine under the EU Temporary Protection Directive Newsletter

[Department of Social Protection Newsletter Volume 5](#)

THE COMERAGH MOUNTAINS / IRELAND
wmmrch2022.ie

**WORLD
MASTERS
MOUNTAIN
RUNNING
CHAMPION-**

21ST WORLD MASTERS MOUNTAIN RUNNING CHAMPIONSHIPS
Comeragh Mountains, Ireland - September 2022

SHIPS 2022 3-4/09



CHAMPIONSHIP RACES - SATURDAY 03.09.22
OPEN RACE - SUNDAY 04.09.22

Open to all runners between the ages of 35 to 79
with experience of mountain running

KINDLY SUPPORTED BY
 COILLTE

Visit www.wmmrch2022.ie
for further requirements and information



CYPSC Parent Support Calendar For July- August 2022

Please find Children and Young Person Services committee (CYPSC) Parent Support calendar for July to August 2022 below.

This parent support calendar has information on parenting programmes delivered by agencies across County Tipperary.

[Parenting supports calendar July - August](#)



Farming for Nature Latest Newsletter

Please see the latest newsletter from Farming for Life: [Farming for Life Newsletter](#)

Please see the latest P from Farming for Life: [Farming for Nature Podcast](#)



Comhairle Contae Thiobraid Árann
Tipperary County Council

Latest Arts Office Newsletter

Please find attached the latest Arts Office Newsletter <https://www.tipperarycoco.ie/arts/current-news-letter>

Tipperary Together Newsletter

The Together Tipperary newsletter issues online monthly [Tipperary Together Newsletter June](#)

If you or your community group would like to provide content to the next issue of this newsletter or add your organisation as a group that receives newsletter please email: tipperarytogether@tipperarycoco.ie



To raise funds for
Tipperary Search & Rescue & Little Blue Heroes

23 JULY 2022

Clonmel Route
Calling at
- Thurles
- Cashel
- Cahir
- Clonmel

SCAN HERE TO DONATE

Follow our FB Page to track our progress @TippS&R

If you wish to update the contact details, we have held for your group and guarantee up to date information please email details to coordinator@ppntipperary.ie

*If you no longer wish to be a member of PPN Tipperary and would like to unsubscribe please email coordinator@ppntipperary.ie

(Please note that by unsubscribing your group will no longer receive further first hand information in regards to Funding/Grants/Events/ Information etc that may be of help to your organisation)*

